

DIRECTIONS FOR HEALING SHAWL

YARN: Use 3 skeins of “Lion Brand – Homespun.” We love the texture, the colors and the feel of this particular yarn. And since it’s 90% acrylic, it’s washable! The yarn may be found in Meijer, Wal-Mart, Jo-Ann Fabrics, as well as most fabric/craft shops.

NEEDLES: Use size 13 or 15. These needles provide for a loose weaver – and make the project go FAST!

TO BEGIN: Cast on 63 stitches.

PATTERN: Knit 3, purl 3 to the end of the row.

(Before you begin your 3rd skein, set aside a few yards of yarn to make the fringe for both ends of the shawl.)

PRAYER for beginning your work:

Creator God, I ask a blessing from all who have come before me, whose hands have been instruments of creation and beauty; who have picked up humble tools and homespun wool in order to provide cover and warmth for themselves and those they loved; who have felt, as I will feel, the yarn in their fingers; who have seen, as I will see, the growth of the fabric; who have heard, as I will hear, the click of the needles.

Bless this yarn and these needles. May this shawl be a sign of your healing presence: may it warm those who are weary, surround those who suffer and encircle those who are in pain. May your gentle touch reach out to heal in the light of Christ. Amen.